



The Wine Press

The Official Newsletter of the Chi Phi Delta Zeta Alumni Association

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FRIENDSHIP

RESPECT

HONESTY

RESPONSIBILITY

COMMITMENT

PERSONAL DEVELOPMENT

2014 SCHOLARSHIP SCRAMBLE

A SUCCESS!



The second annual USF Chi Phi Scholarship Scramble was held on October 26th at Babe Zaharias Golf Course in Tampa under a cloudless October sky. The day started off cool, and so did the golfers. Many teams noted that they used the bonus shots from their Cheat Sheets early on to stave off the poor scores. The greens also started off slow, as they were generously covered in a layer of dew. The previous teams putting attempts could be seen by the ever-defined lines their balls made as they tracked across the green. One team took jealous care in erasing the lines from the dewing grass with a club head so the next golfers

wouldn't get a free read on the slopes and contours of the green's surface.

The match was much closer this year than last. The "Old Guys," turned "Grip and Sip," entered the outing confident that they would repeat the runaway performance produced last year; but a secret weapon was hiding on another team. DZAA President and Treasure, David Ebner and Ryan Suarez, had spent many rounds studying the course and honing their skills over the last year. This was seen in the great spectacle on the Par 4, 10th hole, where Ryan Suarez hit a monster drive that not only struck the surface of the green, but stuck there, only a few feet from the pin. The team recorded an Eagle on the hole.

In the end, Brian Harff's Team reigned victorious again with a score of 58, 12 strokes under par. Brian Harff also took home the prize for the Marshmallow Challenge (a contest consisting of the longest drive with an oversized marshmallow), a member of his team won the putting competition, and along with it, a brand new Odyssey Putter.

The Nu Delta Alumni Association Team, headed up by Brother Wain Casteel, claimed Second Place with a score of 71. The DZAA Board Team, consisting of Brothers David Ebner, Ryan Suarez, Mathew Bradarich and Tom Sanidas, with a final score of 72, however, won Third Place.

More than \$1,300 was raised for the Delta Zeta Chapter Scholarship Fund through the event, which is the overall goal of the outing.

Next year's outing has already been planned, and you can go to the DZAA website to find out more information and register early. The course is beautiful, the prizes are amazing, the food is delicious, the camaraderie does not get better, and it is all for a great cause. We hope that you will join us in 2015!



SPECIAL WORD OF THANKS!

The Delta Zeta Alumni Association would like to say a special word of thanks to Brother Quincy Banis and Brother Jason Bornstein, who have stepped up to the Plate and assumed the roles of Chapter Advisor and DZAA Archivist, respectively. Both of these Alumni have taken on these much needed positions without hesitation, and they have already begun working to achieve the goals set forth for these positions by the Board.

Brother Banis has established a committee made up of Alumni who are willing to give of their time and help provide the



Active Chapter with needed support and education, as needed. Brother Banis is planning a retreat for the Chapter that will provide them with an opportunity for not only bonding, but also for learning from the experienced Alumni.

Brother Bornstein, in his short time as the DZAA Archivist, has already set up a plan to begin creating a visual history of the DZAA by taking everything we currently have in print and formatting it over to digital, beginning with the numerous composites that have been created over the years. Then, pictures of all trophies and awards will be taken and digitalized, as well as other parts of Delta Zeta history, all of which will ultimately be uploaded to the

DZAA website for all members to enjoy!



For more information and updates, you can always check out the upcoming events and keep up with fellow Alumni on the Chi Phi Fraternity Delta Zeta Alumni Facebook page at <http://www.facebook.com/groups/79214045360/>

Also check out the new DZAA Website, which features regular updates every Monday, Wednesday, and Friday at <http://www.usfchiphialumni.com>



ABOVE: Brother Todd Yontek with his wife, and

BELOW: with his brothers at USF



Where Are They Now?

Taking a Look at the Delta Zeta Alumni of Yesteryear and Where They Are Now!

Whatever happened to Todd Yontek?

Before graduating in 1991 with a B.S. in Accounting, Brother Yontek was a part of the Beta class of the Delta Zeta Chapter at USF. After one degree, he went on to get a Masters in Accounting in 1996 – and if that weren't enough, on to a Medical Doctorate in 2000!

Brother Yontek met his wife while still in college at USF, and they have two beautiful daughters – one who is 18 and attends the University of Central Florida, the other who is 14 and in high school. He and his wife still live in the Tampa Bay area, where he works as an Emergency Medicine Physician.

Chi Phi has never been far from Brother Yontek's mind, as he stays in regular contact with his fellow Brothers, Greg Kasson, Chip Woodward, and many others. His time in the Delta Zeta Chapter provided him an opportunity to "befriend a really good bunch of guys," he says. "I enjoyed watching them all grow up, have kids, etc. Even though we don't hang out like we used to, they still have my back in times of need, and I have theirs. I enjoy seeing their Facebook posts."

The years may past, but as a Chi Phi, the Brotherhood never ends!

On a Personal Note...

When we joined Chi Phi, we became Brothers - part of a larger family, and we developed a bond, a Brotherhood, that joined us as a family. But Chi Phi is not the only place to find Brotherhood, and Alumnus Alex Petrilak found this familial bond in the form of Kung Fu.

Brother Petrilak, a member of the Alpha Omicron class, graduated in 2013 with a Bachelor of Arts degree in History. He chose Kung Fu four years ago as a means to control his anxious mind, to sculpt his physique, and to gain a renewed sense of where he stands in the Universe as a whole. He looked at other martial arts (such as Karate-Do, Jiu jitsu, and Tae Kwon Do), but as fate would have it, when he contacted the local Dogos, none of them answered the phone. "I suppose the Universe had other plans for me," he says, "and I have yet to look back in regret."

For those who may wonder the difference, Gung Fu (功夫 in simplified Chinese) is literally translated and defined as "the art of mastery through hard work." "Kung Fu," as you and I know it, is the Chinese martial art of self defense. Kung Fu has a very diverse set of systems who some believe pre-date to ancient India. However, because Kung Fu is so diverse in its systems and styles (i.e. Wing Chun, Sanda, animal styles, TaiJi, Bagua, Xingye) the origins of Kung Fu are often subjective and often controversial. Kung Fu employs a very fluid movement. If you have ever observed Karate, you might feel intimidated by their tense ferocity. "In Kung Fu," Brother Petrilak explains, "we do not just strike with our fist; we strike with our entire body. That is to say, unlike Karate, a powerful punch in Kung Fu originates at your base and moves through your body like a wave until it come crashing down on an opponent. Of course, there is also your 'Qi' (internal energy) but alas, the principle of Qi is shared in many martial arts." Kung Fu is

primarily a stand-up fighting system such as that of Karate, boxing, Tae Kwon Do, etc. and has very little ground fighting, contrary to that of such martial arts as Jiu Jitsu (both Brazilian and Japanese), Pankration (traditional Greek wrestling) or Judo (although this is the Japanese art of the take-down, it is often integrated with traditional Jiu Jitsu ground fighting). What Kung Fu lacks for in its ground game, it makes up for in its strikes and joint locks. Like that of Hapkido (Korean art of joint-locking, grappling, throwing and striking), Chinese Kung fu incorporates Chin-na, or rather, the "art of the joint lock and submission" as well as power throws and take down originating from TaiJi (Tai Chi).

The system of Kung Fu I practice is Northern Praying Mantis (Taiji Tang Lang Quan). Without going into detail, the praying mantis is a fearsome insect. Tenacious as it is cunning - Praying Mantis is a very popular style in China, not just because of its superb fighting system, but because of the legend of its origin. Wang Lang (c. 1650, Shandong Province, Ming Dynasty) was inspired to join the quick footwork of Monkey with that of the interlocking grappling and striking of Southern Mantis to create what we know as Northern Mantis. As the legend goes, Wang Lang observed a praying mantis struggling to push the wheel of an ox-cart. Although the mantis must surely have known he could have never succeeded in moving such an obstacle, he kept trying no matter the consequence of his failure. While many Taoists would contemplate the Mantis' strife as a lesson that life cannot be fought against, Wang Lang instead saw the very symbol of all martial artists. No matter the adversity, no matter the cost, never give-up. Brother Petrilak does not believe his tenure in Mantis Kung Fu is any coincidence. "Like the mantis in Wang Lang's story," he states, "as an OCD sufferer, I too face many struggles. But, as I am sure you have assumed, the praying mantis lives within me. I look upon that story and reflect upon Wang Lang's inspiration. While we may struggle in life, hard work and dedication has its rewards. Simply put, I do not

believe in giving-up but to endure and move forward instead. Only when we stop believing in ourselves do we let the metaphoric wheel crush us and our spirit."

Kung Fu, like many traditional martial arts, allows one to tone one's body, sharpen the mind and boost the spirit. "Among the three principles," Brother Petrilak admits, "I often relate to the many stories my Shifu (master) has told us over the years, each of which carry a significant moral or lesson. As previously mentioned, I suffer from OCD. Without making this a pity story, I will skip the major details of what pops into my mind; but what you do need to know is that we [OCD] sufferers tend to focus on the negative. I am often reminded by my Shifu of a story about a monk attempting to master the discipline of meditation. Upon years of practice and concentration, the monk finally learned how to 'block' negative emotions from entering his mind. The master scolded him for his ignorance. Perplexed by his master's rather odd reaction, the monk contemplated as he carried water from the well to his quarters. Upon stumbling, he dropped the bowl and it shattered. It was then he realized what he hadn't noticed all along. Each shard contained a different reflection of the moon. The monk had a grand revelation about the mind, positive and negative emotions. Although we do not like our negativity it never the less exists as a part of our consciousness. We can chose to let it cause us pain or we can simply accept it as a part of who we are and move on."

Brother Petrilak has noticed that there is a similarity between Kung fu and Chi Phi, in that they are both a sort of family, a fraternity if you will. Like Chi Phi, they refer to each other as "Kung Fu brother" and "Kung Fu sister." Of course, they also recognize their elders. Those who have been practicing longer are known as "Elder Kung Fu brother/sister." He definitely recommends the practice of martial arts to everybody. "I believe everybody has a martial art inside of them," Brother Petrilak encourages. "It's up to each of them to bring it out."

CHAPTER HAPPENINGS!

The Fall Semester has not been stagnant for Delta Zeta. The Chapter has added to its ranks six new Brothers.

Julian Leone, Freshman
Taylor Burke, Freshman
Josh Baker, Freshman
Leo Muniz, Sophomore
Mitch McHugh, Junior
Will Bramich, Senior

The DZAA extends a welcome to these six young gentlemen, and we have no doubt that they will make

excellent additions to the Chapter as they learn more about Chi Phi and strive to become better men, build lifelong friendships, gain valuable leadership opportunities, and develop stronger character.

Additionally, there is a new Executive Board for the Delta Zeta Chapter at USF. This new Board will bring with it some fresh, new ideas, as well as some excitement and enthusiasm! The new Board members are:

ALPHA – Corey Marchello Irby
BETA – Nathan Crass
GAMMA – Jake Heintz
DELTA – Miles White
EPSILON – Paul Hinebaugh
ZETA – Blaise Levai

ETA – Matt Deem

The Alumni want to congratulate each of these Brothers, and we know they will all work hard to help the Delta Zeta Chapter grow, not just in numbers, but in strength, commitment, and duty.

Keep up the good work, gentlemen!



IF YOU MISSED THE FALL MEETING...

On Sunday, October 12th, the Delta Zeta Alumni Association held its Fall Bi-Annual General Membership meeting at the Marshall Student Center on the USF Campus. Six Alumni were personally present, and 27 Alumni appeared by proxy, thus giving the meeting a quorum for voting purposes.

The President opened the meeting with his report, thanking both the Board members and the Alumni for making the last six months so successful. He gave an overview of goals for the DZAA, including the initiation of the Archives

Project, the establishment of the Members Only section for the website, the creation of the Alumni Directory, the set-up of a digital portal for Alumni to attend meetings remotely and to broadcast some of our major events, the monetization of our website, and the revitalization of the Mancation! The Vice-President, Secretary, Treasurer, Chapter Advisor, and Technology Chairman all gave their reports, focusing on recent accomplishments, as well as upcoming events, such as the 2nd Annual USF/Chi Phi Scholarship Scramble coming up in two weeks.

In new business, the 2015 Budget was placed for a vote, and the Budget, as presented, was passed by a majority vote of 26 to 1 (with two abstaining).

The President also awarded his first President's Award, given to an Alumnus who has shown dedication, loyalty, and service to the Delta Zeta Alumni Association. The recipient of this year's award was Brother Todd Latoski, for his service as Secretary for the DZAA and for maintaining the consistency of the DZAA website over the past year and a half.

Before the meeting closed, there was discussion regarding the Housing project and the feasibility of investing in a House sooner rather than later. Consideration was given to the fact that the current savings account earns little interest, and whether an actual House may provide greater return. Brothers talked about the factors of having reliable Actives in the House who will be responsible to pay their rent, what contingency plans would be in place should the Actives not pay the rent, etc. The discussion was tabled, as the President has begun plans to create a Feasibility Committee to address these very issues.

The meeting adjourned at 12:33 p.m.



The DZAA Dues Challenge a Rousing Triumph!

Back on August 23, 2014, a challenge went forth from the Delta Zeta Alumni Association in the form of the 2014 DZAA Dues Challenge! Two teams were formed and the battle lines were drawn – Team Scarlet (consisting of DZAA President and Treasurer David Ebner and Ryan Suarez) vs. Team Blue (Alumni Chip Woodward and Brian Harff). The challenge: which team could get the most Alumni to pay their dues for the 2014/15 fiscal year!

The prize: if Team Blue won, then Team Scarlet would join them for a grueling day at Crossfit! If Team Scarlet won, then Team Blue would donate much needed time assisting with the DZAA archiving project. Running from August 23rd through September 15th, a goal was set to achieve 50 dues-paying Brothers within the DZAA. With their goal set, the two teams went out, challenging their fellow Brothers to pay their dues and help their team win!

The contest started off slow, with Team Scarlet, but that quickly

changed. Team Blue and Scarlet took turns in the lead, but ultimately, it was Team Blue that succeeded as the contest came to its conclusion at 11:59 p.m. on September 15th – with the final score being:

Team Blue – 26 Brothers
Team Scarlet – 18 Brothers

So, while Team Blue walked away the winners (and poor Team Scarlet – there are a lot of Alumni looking forward to seeing Brothers Ebner and Suarez putting their physical prowess to the test at a CrossFit session!), the Delta Zeta Alumni Association was the true winner! This year has seen the biggest number of current, active Alumni in quite a while. And to top it all off, Alumnus Alex Bosco made an additional donation of \$500 to the DZAA's operations fund!

The funds raised by the payment of dues (and donations!) go to fund the activities of the DZAA throughout the year, providing the Alumni with opportunities to meet, socialize, and stay current with their fellow Alumni.

And for those who did pay their dues – the Members Only section of the DZAA website, which will be available only to Alumni who are current with their dues, will be



launched soon, and the first piece of content for the Members Only section will be a video of Brothers Ebner and Suarez doing CrossFit!

The DZAA wishes to thank each of the two teams for their dedication and effort throughout the weeks of this Challenge, and to every Alumnus who participated. It was a great competition and when it comes to our Brotherhood in the DZAA – there are no losers!

(And as soon as that victory event at CrossFit happens, we will be sure to let everyone know!)

For more information about the annual dues, how to pay, and where to send payment, contact our DZAA Treasurer, Ryan Suarez, at dzaa1983@gmail.com